



**MINUTES OF THE
WASHOE COUNTY HUMAN SERVICES AGENCY
SENIOR ADVISORY BOARD MEETING**

November 1, 2017
Washoe County Senior Center, 1155 E. 9th Street, Reno, Nevada 89512
Game Room

1. **Call To Order** - Meeting was called to order at 3:04 p.m. by Chair-Dr. Larry Weiss.
2. **Roll Call** – Dr. Larry Weiss asked for the roll call; Sandra Vasquez took the roll. There was a quorum present.

WASHOE COUNTY SENIOR SERVICES ADVISORY BOARD PRESENT:

PRESENT

Dr. Larry Weiss
Sandra Dexter
Wayne Alexander
Marsy Kupfersmith

Sarah Deardorff
Donna Clontz
Barbara Korosa
Rick Sorensen

ABSENT (EXCUSED*)

Garth Elliot*
Stan Dowdy*

WASHOE COUNTY STAFF PRESENT

Ken Retterath
Sandra Vasquez
Kitty Jung

Leslie Admirand (DA)
Abby Badolato

ADVISOR (ABSENT)

Victoria Edmondson

PUBLIC PRESENT

Amy Dewitt-Smith
Linea Warren

Connie McMullen
Chip Evans

Tess Opferman

3. ***Public Comment** –
No public comment.
4. ***Member Announcements** –
Larry stated there is a caregiver awards luncheon through the Caregiver Coalition will be on November 29. There are six or eight different types of caregivers and applications for nominations will be accepted until November 6. Last year, about 250 caregivers were honored.
5. **Approval of the Agenda for the Advisory Board Meeting on November 1, 2017.**

Motion to approve the Agenda was made by Donna Clontz and seconded by Wayne Alexander.
Motion passed unanimously.

6. Approval of the Minutes for the Advisory Board Meeting on September 6, 2017.

Motion to approve the minutes was made by Rick Sorensen and seconded by Sarah Deardorff.
Motion passed unanimously.

7. *Presentation for Neighbor Network of Northern Nevada (N4) programs to connect seniors and others in the community.– Amy Dewitt-Smith, Executive Director of Neighbor Network of Northern Nevada

Amy stated the program is to build social capital and link people together. Some of their programs are time exchange, a volunteer program, information & referral and a social and recreation program. Amy presented on the N4 programs (see power point attachment). The programs are fully inclusive and the core values blend the senior village movement with time banking. Programs are being run by volunteers and paid staff. They coordinate access to services such as transportation, health and wellness programs, home repairs, and social activities. It is also part of a networking culture of sharing resources. The programs use time banking, which is a reciprocity-based work trading system where hours are the currency. Someone may provide a service and bank hours, then use those hours if they need something someone else is offering and they pay with their banked hours. Members go through a process where they are asked questions to find out what they need and what they can offer to the program. A new program they are creating is for people that have a disability and need help in the home and outside the home, this program can help with people that need respite care. A person can join by applying and paying a \$60 application fee and thereafter a \$40 annual membership fee; scholarships are available for people living in poverty. The application process includes checking references and criminal background checks; for those driving they need to provide proof of car registration and insurance. Kitty Jung suggested really looking into transportation needs because seniors are in needs of transportation services. Donna Clontz stated the second most needed items seniors request is information and N4 programs seem to provide information that may benefit seniors. Kitty Jung stated they could create a PSA and put it on the county channel and also give it to Amy so she can use it when she is doing outreach. Amy announced there is going to be a nutrition workshop (see attachment) that people can attend.

8. *Update on Sparks Senior Citizen Advisory Committee – Donald Abbott

Marsy stated the Bylaws are now in the hands of City Manager Steve Driscoll and will be putting them in the agenda for the Sparks Council. They have been having their talks at the Sparks Senior Center. Council members Donald Abbott, Ed Lawson, Ron Smith, Charlene Bybee, and Kristopher Dahir are on board to create a Sparks Senior Citizen Advisory Committee. Marsy stated that they are hoping that by December, the committee will be created.

9. Report, discussion, and possible recommendations regarding appointments to the Board of County Commissioners and recommendations for the recruiting of the new board members (For Possible Action)

- a. Application from Margaret Reinhardt
- b. Application from Patricia Abbey

Larry stated Margaret Reinhardt is for district 3 and Patricia Abbey is for District 1. District 1 is has no vacancies and there are also no vacancies for alternates. Kitty Jung stated she fully endorses Margaret Reinhardt.

Motion to recommend Margaret Reinhardt for District 3 was made by Donna Clontz and seconded by Marsy Kupfersmith.

Ken stated they are leaving the application open for future board applicants. Larry stated they need two people for District 2.

10. Election of board chair, vice chair, and secretary (For Possible Action)

Motion to nominate Larry Weiss for chair was made by Donna Clontz and seconded by Marsy Kupfersmith. Motion passed unanimously. Motion to nominate Donna Clontz for vice-chair was made by Marsy Kupfersmith and seconded by Rick Sorensen. Motion passed unanimously.

Motion was made to nominate Marsy Kupfersmith for secretary by Donna Clontz and seconded by Barbara Korosa. Motion passed unanimously.

11. Report, discussion, and possible recommendations regarding age friendly communities sponsored by AARP throughout the county and city (For Possible Action)

Donna reported that Larry and her had a phone conversation with people from Henderson, NV who are also working on becoming an age friendly community. Henderson people said they worked with people from the public and not elected officials. They did not have grants to go through the process, it was all volunteers. Donna also stated Barry Gold was able to speak with Neoma Jardon and she is supportive to seniors. Part of the next step is to speak with County Commissioners. Larry stated Henderson and Winnemucca are the two locations in Nevada that have already started the process. Kitty Jung stated she is in support of the process.

12. *Report and updates on the Advisory Board member's Shared Issues and Goals for Nutrition Programs, Social & Recreation, Senior Law, Volunteering, Financing, and Social & Health Services

Sandra Dexter stated she will be attending the Affordable Housing leadership meeting on 11/2/17 to find out information. Ken suggested making this item a standard action item.

13. *Update for Senior Nutrition Program

Ken explained the Senior Nutrition Meal Program handout (see attachment) and stated the quarterly report meal count was 32,004 congregate meals and 58,625 home delivered meals; the numbers continue to grow year by year. The Senior Ambassador Program also continues to grow, in October they delivered 3,531 meals, up from 2,479 from September; in the last week, have added 38 new addresses for meal delivery. Ken also stated Sarah's Incline Village meals program works with Washoe County and volunteers to deliver meals; their total quarterly report is 1,174 meals delivered. Marsy asked why the meal numbers change every month, they seem to be going down, Abby replied that changes happen and Sarah stated success stories are involved because seniors will get better and don't need meals any more.

14. *Update for Senior Center being planned at Incline Village

Ken stated they continue to move forward with the project and the contract for construction was awarded; construction is in progress. Seniors in the area are expressing they would like a center where they can attend and socialize; they would like to go forward from there. Todd was asked to look for volunteers to open and close the center. The soft opening for the center may

be around December. Sarah requested to let her know when they are having the opening so that the volunteers can get it out to the community.

15. *Update for senior services Master Plan

Ken stated the Master Plan (see attachment) is from 2006-2016. The plan was created right before the economy crashed. In regards to health care, Senior Services has worked with Access to Healthcare. They tried to get healthcare services to Gerlach, but it was difficult, instead they were able to acquire a van that takes seniors to the Reno area to get healthcare services. Kitty Jung suggested encouraging seniors to move closer to services. Ken stated they are starting Avatar and ServTracker to have information available in an electronic data base. The programs have not grown much, it was more of how do they keep programs open for services. A new site was created, which was the Cold Springs center. Ken stated he would like to really look into the Master Plan and what can actually get done. Access to Healthcare and Washoe County partnered and received an RTC grant to provide transportation for seniors. Housing is a struggle and they continue to look at what can be done since there are limited options. Ken stated they understand they need better data to determine what services are provided for the different groups of seniors. This data would help with receiving more funding. Donna asked who created the Master Plan, Ken stated it was created under Grady with a consultant and an AmeriGroup volunteer as well as focus groups. Donna requested to have the complete Master Plan emailed to the board. Larry asked where the county falls under the Master Plan. Ken stated they can talk as a group about how to incorporate senior services into the Washoe County strategic plan. The County strategic plan is on the County website and is an ongoing living document, each quarter there is new information is added and changes happen as time goes by.

16. *Agenda items for the next Board meeting

Marsy asked to have an item to be able to nominate Connie McMullen as an advisor.
Board would like to make item #12 an action item.
Discussion for updating Master Plan

17. *Public comment -

No public comment.

18. Adjournment (For Possible Action)

Motion to adjourn was made by Marsy Kupfersmith and seconded by Rick Sorensen. Motion was unanimous. Meeting adjourned at 4:47 pm.